



**Health, and Physical Education Department**

# **HPE EXTRACURRICULAR PROGRAM**

*2019 – 2020*

# 1. Colleges and Universities Sport Program

## ■ PSU Volleyball Tournament

<b>Winner</b>	EGYPTIAN TEAM
<b>1<sup>st</sup> Runner Up</b>	PSU TEAM ( A )
<b>2<sup>nd</sup> Runner5 Up</b>	PSU TEAM ( B )
<b>Best player</b>	<b>Mohammed Al Alfi - EGYPTIAN TEAM</b>
<b>Best Defender</b>	<b>Mohammed Abdulghafour – PSU ( A )</b>
<b>Best Setter</b>	<b>Mr. Mansour Al Msained – PSU ( B )</b>
<b>Best Server</b>	<b>Mr. Yasser Hadi – Al Inaya College</b>



## ■ PSU Indoor Soccer Tournament

<b>Winner</b>	PSU ( A )
<b>1<sup>st</sup> Runner Up</b>	Al Faisal University
<b>2<sup>nd</sup> Runner5 Up</b>	PSU ( B )
<b>Best Goalkeeper</b>	<b>Khaled Al Nasser - PSU ( A )</b>
<b>Best Striker</b>	<b>Ahmad Al Moqayyad - PSU ( B )</b>
<b>Best Player</b>	<b>Moads Abu Saqrah - Al Faisal University</b>
<b>Fair Play</b>	<b>Abdulrhman Hazouber – Al Inaya college</b>



## 2. Intramural Sport Program

### ■ Mini Basketball Tournament

Winner ( Team )
Abdulrhman Swas
Hussain Hossam
Moatasem Mohammed
Mohsem Mostafa



### ■ Soccer Free kicks Tournament

<b>Winner</b>	Sattam Al khawaja
<b>1<sup>st</sup> Runner Up</b>	Abdulrhman Al Mazroua
<b>2<sup>nd</sup> Runner5 Up</b>	Mohammed Jaber



### 3. PSU Faculty Staff Sport Program

#### ■ Mini Basketball Tournament

##### Level ( 1 )

<b>Winner</b>	PSU ( 4 )
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Dr. Marshal Defensor
Mr. Abdulghafour Ibno
Mr. Christopher Isib

##### Level ( 2 )

<b>Winner</b>	PSU ( 1 )
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Dr. Anis koubaa
Mr. Murshid koubaa
Dr. Mohammed Al Tounsi

#### ■ Basketball Free Shots Tournament

##### Individual

<b>Winner</b>	Mr. Christopher Isib
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##### Team

<b>Winner</b>	PSU ( 4 )
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Dr. Marshal Defensor
Mr. Abdulghafour Ibno
Mr. Christopher Isib



## ■ Badminton Doubles Tournament

<b>Winner</b>
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Mr. Shabir Hussain
Mr. Mohammed Tanvir

<b>1<sup>st</sup> Runner Up</b>
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Dr. Zainorin Dhahri
Mr. Yasser Javid

<b>2<sup>nd</sup> Runner Up</b>
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Dr. Asef Zaidi
Mr. Alex Soligam



## ■ Table Tennis Tournament

<b>Winner</b>	Dr. Peter Sagat
<b>1<sup>st</sup> Runner Up</b>	Dr. Mahdi Bin Brahim
<b>2<sup>nd</sup> Runner5 Up</b>	Mr. Mansour Al Msained





## ■ Indoor Soccer Tournament

<b>Winner</b>	PSU ( C )
<b>1<sup>st</sup> Runner Up</b>	PSU ( B )
<b>2<sup>nd</sup> Runner5 Up</b>	PSU ( A )
Best Goalkeeper	<b>Mr. Saad Al Qaradhawi</b>
Best Striker	<b>Dr. Kamal Abu Deyyeh Dr. Thabit Abduljawwad Mr. Khalid Nasser Allah</b>
Best Player	<b>Mr. Abdulfattah Al Jabri</b>
Best Defender	<b>Mr. Ihab Shaweesh</b>



## ■ Mini Volleyball Tournament

### Winner

Abdulrhman Al Madhlom

Omar AbuKhaizaran

Abdulrhman Al Kanhal

### 1<sup>st</sup> Runner Up

Dr. Mahdi bin brahim

Dr. Hussain Yasin

Mr. Mansour Al Msained

## 2<sup>nd</sup> Runner Up

Dr. Thabit Abduljawwad

Dr. Mohammed Ellomi

Dr. Islam Dahlan



## 4. PSU Secondary Schools Sport Program

### ■ PSU Second Secondary Schools Soccer Tournament

#### • Private Schools Tournament

<b>Winner</b>	Al Imam Al Shafee Secondary School
<b>1<sup>st</sup> Runner Up</b>	Al Tarbiyah Al Namothajeyeh School
Best Goalkeeper	<b>Mohammed Al Bqoumi</b>
Best Striker	<b>Bader Al Zahid</b>
Best Player	<b>Mohammed Srar</b>
Fair Play	<b>Jawad Al Barrak</b>

#### • International Schools Tournament

<b>Winner</b>	American International School
<b>1<sup>st</sup> Runner Up</b>	British International school
Best Goalkeeper	<b>Ibrahim Ashraf</b>
Best Striker	<b>Turki Faisal Al Saud</b>
Best Player	<b>Stefan Mecan</b>
Fair Play	<b>Mousa Al Darweesh</b>



- Super Cup

<b>Winner</b>	American International School
<b>1<sup>st</sup> Runner Up</b>	Al Imam Al Shafee Secondary School



## ■ PSU Secondary Schools Basketball Tournament

<b>Winner</b>	Balm Crest International School
<b>1<sup>st</sup> Runner Up</b>	King Faisal School
<b>2<sup>nd</sup> Runner Up</b>	British International School
Best Player	<b>Chris Forales</b>
Best Player	<b>Kisian Kono</b>
Best Player	<b>Rakan Al Olwan</b>
Best Player	<b>Khalid Al Ammari</b>
Best Player	<b>Ismael darweesh</b>



## 5. Workshops and open Days Program

### ■ PSU Coaching Children Soccer Workshop For Physical Education Teachers

<b>Participants</b>	( 70 ) PE Teachers
<b>Education Area</b>	Al Dereeyah and Al Raed Educational Offices
<b>Speakers</b>	Dr. Hussain Yasin Dr. Mahdi Bin Brahim



## ■ PSU Father – Son Sport Fun Games

<b>Participants</b>	PSU Faculty Staff and Children
<b>Activities</b>	Balls – balloons – Rackets – Cons – hoops – Sacks – Tag of War Fun games



## ■ PSU FUN RUN

<b>Participants</b>	PSU Students, Faculty and Staff, Sport Clubs Children
<b>Distance</b>	1.2 Km

### PSU Students Race

<b>Winner</b>	Hekmat Qadorah
<b>1<sup>st</sup> Runner Up</b>	Nawaf Al Enezi
<b>2<sup>nd</sup> Runner Up</b>	Taiseer Al Sbool



## PSU Faculty and Staff Above 35

<b>Winner</b>	Dr. Engouku Nghah
<b>1<sup>st</sup> Runner Up</b>	Dr. Dan Wong

## PSU Faculty and Staff Under 35

<b>Winner</b>	Mr. James Foster
<b>1<sup>st</sup> Runner Up</b>	Mr. Abdullah Al Tarsha

